

SWIMMING SPORTS 2017
Information for the Inter-House Swim Team

In order to compete at swimming sports, you must see your Dean and be entered for an event prior to the day!
Only the 60 students per house, who have entered with their Deans, will be allowed at the pool on the day.

WHEN Tuesday, 14th March - period 1 to 4 - Swimming Sports for Girls
Thursday, 16th March - period 1 to 4 - Swimming Sports for Boys

EVENTS 1 length freestyle
3 lengths freestyle (If time permits)
1 length backstroke
1 length breaststroke
1 length butterfly
House Relays – Junior Boys, Junior Girls, Int Boys, Int Girls, Senior Boys and Senior Girls

AGE GROUPS Junior 13 years old on 1 January 2017
Intermediate 14 or 15 years old on 1 January 2017
Senior 16 years and older on 1 January 2017

WHO CAN ENTER Anyone can enter any event providing they:

- **Have entered prior to the event with your Dean**
- Swim in the correct age group all day
- Do not enter the same event in another age group
- Can swim the stroke correctly and complete one length of the pool

WHO CAN BE AT THE POOL DURING THE DAY? 60 Competitors per house per day- all competitors will be issued with a house coloured wrist band, which they will wear until completion of the event.

- **BOYS ONLY ON THE BOYS DAY AND GIRLS ONLY ON THE GIRLS DAY.**
- The only exception to this will be the House Leaders.

WHAT TO WEAR? **FULL SCHOOL UNIFORM MUST BE WORN TO AND FROM SCHOOL**
Students will NOT be released from the pool area unless they are in full uniform
- At the pool normal PE swimming gear. Swimsuit, and rash top.

WHERE TO SIT? In your designated house area.
WHAT TO BRING? Hats, shade, sun block, warm clothing, water to drink, lunch, something to sit on.

WHEN TO GO TO POOL? **There will be No interval – bring something to eat.**
- Girls Day – All girls competing change and report straight to pool area, ready to start the first race at 8.40am
- Boys Day - All boys competing change and report straight to pool area, ready to start the first race at 8.40am.
*NOTE: All competitors must stay in the pool area for duration of the event. Students will remain in the pool area during interval.

WHAT YOU MUST DO! - Report quickly to marshalling area when called. When called line up behind designated house board to receive house entry points.
-If receiving a place card report straight away to the recording table.

POINTS
Heats 1 point for entering
1st = 3 pts 2nd = 2pts 3rd = 1pt
Finals and Relays 1st = 6pts 2nd = 4pts 3rd = 2pts

CANCELLATION The 8 fastest swimmers advance to the final for each event – 2pts
Will be on the school website the previous evening and on the day of the swimming sports. If it rains on the day, you will attend school as per normal.

BRING YOUR SCHOOL BOOKS AS YOU WILL BE ATTENDING 5TH PERIOD